

USD 232

Athletic Physical Day

Saturday, May 4th, 2024

Before students may participate in any KSHSAA-sponsored activity (including try-outs and practices), parents and students must both complete the ONLINE Athletic Participation Registration process. Students must also have a physical completed by a licensed physician. **We are pleased to provide the opportunity to complete this entire process on May 4th, 2024 at Mill Valley High School.**

All physicals for the 2024-25 school year MUST be dated after May 1, 2024

Who: Students entering grades 7–12 at DHS, MVHS, MCMS, LTMS and MTMS in the Fall of 2024. Parents must either accompany their student in order to sign the paperwork or send the **signed** KSHSAA Pre-Participation Physical Form with their students.

What: The physical will be good for 2024-2025 school year activities. Doctors from the University of Kansas Health System will complete physicals in private rooms; nurses will take blood pressure; and coaches will measure height and weight. **(All physicals MUST be dated after May 1, 2024)**

Physical forms MUST be completed for the following activities:

- | | | | |
|-----------------|------------|-------------|-------------------|
| • Baseball | • Cheer | • Soccer | • Track & Field |
| • Basketball | • Dance | • Softball | • Unified Bowling |
| • Bowling | • Football | • Swim/Dive | • Volleyball |
| • Cross Country | • Golf | • Tennis | • Wrestling |

When: 8:00am - 10:30am on Saturday, May 4th
(Patients arriving by 10:30am will be seen.)

Where: Mill Valley High School

Cost: \$20 *(For each physical \$10 will be donated back to schools.)*

Cash/Check are accepted payment methods.

Please make checks payable to Mill Valley High School.

- Benefits:**
- Complete all athletic registration in ONE location
 - Physical forms are completed by physicians
 - Online Athletic Participation Registration completes:
 - ⇒ Emergency Medical release forms (EMA)
 - ⇒ Acknowledgement of Risk form
 - ⇒ Concussion form
 - Partial cost of physical is returned to the school

