

# De Soto Wildcat Wrestling Summer Open Room Schedule

The summer workouts are designed to maximize the wrestling potential of all student/athletes that feed into De Soto High School. The workouts will focus on Skills needed for Top/Bottom and Neutral positions, so athletes will have a better understanding of our system when season starts.

**Tuesday, June 7<sup>th</sup> 9:30a - 10:30a**

**Tuesday June 14<sup>th</sup> 9:30a - 10:30a**

**Tuesday June 21<sup>st</sup> 9:30a - 10:30a**

**July 1<sup>st</sup> - 10<sup>th</sup> KSHSAA Summer Moratorium**

**Tuesday July 19<sup>th</sup> 9:30a - 10:30a**

**Tuesday July 26<sup>th</sup> 9:30a - 10:30a**

**Coach Hurt**

**913-207-2085**

**2 day skills camp**

**June 9<sup>th</sup> and 10<sup>th</sup>**

